

DIALOG

FAIRMONT ROYAL YORK HEALTH CLUB

Where timeless elegance meets modern vitality

Healthcare & Wellness, Hospitality



LOCATION

Toronto, Ontario

CLIENT

Fairmont Royal York Hotel

COMPLETION

2024

DIALOG SERVICES

Interior Design

The redesign of the Fairmont Royal York's gym redefines fitness, luxury, and well-being, blending historical elegance with modern vitality. Drawing inspiration from the hotel's Art Deco heritage, the design emphasizes scale, proportion, and "muscle." This is seen in the thick, sinuous lines and luxurious materials that evoke strength and refinement. Mirrored detailing encourages guests to embrace their reflection, while the gold ceiling and colours like Hermès 'orange', Jaguar 'green', and Tiffany 'blue' enhance the sense of self-care and opulence.

Functionality meets luxury throughout the space. The gym is divided into distinct areas for cardio, strength training, functional exercises, and free weights, offering diverse workout options. A private Peloton room lets guests continue their home routines, while three treatment rooms are available for on-call therapists. For passive wellness, the gym features infrared rooms, red light therapy, salt rooms, and upgraded wet areas with plunge pools and a steam room.

A custom-designed hearth serves as a calming focal point at the end of the pool, creating a serene atmosphere. This transformation reflects the hotel's commitment to sustainability, integrating elements of their decarbonization strategy while elevating the guest experience. More than just fitness, the new wellness offering embraces a holistic approach to health, nurturing both physical and emotional well-being for every guest.